



**gower**  
adventures

## **Kayaking at Oxwich Bay**

### **Equipment Supplied**

Buoyancy aid, helmet, canoeing cags

Wetsuit, dry bag to keep lunch and spare clothes dry

One or two person sit-on-top kayaks

### **Equipment to bring and wear**

Waterproof jacket and trousers (optional)

Rash vests or nylon T-shirt

Trainers or shoes to wear in kayaks

Lunch and drink

Towel

Personal medication

Location: Oxwich Bay: SA3 1LS. In the car park turn right at the restaurant and park by the Gower Adventures van.

Parking: £4.50

Facilities at Oxwich: toilets and shop (hot drinks)

